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Tips for Parents: How to Deal with Traumatic Events

Speaker: Nancy Asher-Shultz, Psy.D

Date: Wednesday, January 23, 2013

Place: Marlboro Recreation Building

Time: 7:00PM

Any instance of school violence—no matter where it takes place in our country—hits close to home for both children and parents. As details of the tragic event in Connecticut continue to unfold, many children may have questions or concerns about what they are seeing or hearing on the news.

In the wake of the recent school violence at Sandy Hook Elementary School, children may be experiencing increased feelings of anxiety, sadness, anger, or confusion. The extensive media coverage of this tragedy can result in trauma-related effects for some children.

This workshop will provide parents with information and resources that may help them in addressing their children's fears and concerns. The discussion will include what to say to comfort your child, age appropriate responses and why adult discussions should be limited when children are present.

Refreshments will be served.

Please call 732-617-0186 to reserve a seat or e-mail drugalliance@marlboro-nj.gov