



# Marlboro Township Department of Recreation

1996 Recreation Way, Marlboro, New Jersey 07746  
Phone: 732-617-0100 Fax: 732-536-2376 E-mail: Recreation@marlboro-nj.gov



## JUNE 2- JUNE 27

### STROLLER FITNESS

Classes are similar to a regular boot camp (all levels are welcome) with the exception of having your baby safely along-side you.

This class will include running or walking (depending on your fitness level), strength and toning using various areas of the park.

Bring a pair of light weights to place under the stroller, a towel and 1-2 bottles of water.

Burn calories, get some fresh air for you and your child while you get ready for summer.

For inclement weather, please call the Rec office at 732-617-0100. If any class is cancelled, class will be made up at the end of the program.

2X A Week  
for 4 weeks

LOCATION:  
Rotunda Building  
at the Municipal Park  
next to the Turf Field

FEE: \$55 Resident  
\$65 Non-resident

DAYS/TIME:  
Mondays and Thursdays  
11:00 - 11:45am

DATES: June  
2, 6, 9, 13, 16, 20, 23, 27

Free Nutritional  
Plan Included

TO REGISTER:

<https://register.>

[Communitypass.net/marlboro](https://register.communitypass.net/marlboro)

Call: 732-617-0100

E-mail: Lgustman@marlboro-nj.gov

*Listed under Adult Spring/Summer  
programs 2016*