

Mon	Tue	Wed	Thu	Fri
<p>SENIOR OFFICE EMAILS: Denise: dbarry@marlboro-nj.gov Linda: ldugan@marlboro-nj.gov Rosemary: rpascale@marlboro-nj.gov</p>	<p>AARP DEFENSIVE DRIVING COURSE Monday & Tuesday October 17 & 18, 2016 9am-12pm @ Rec Center</p>	<p>MARLBORO DAY Sunday, Sept. 18 12-5pm Municipal Complex</p> 	<p>1 OFFICES OPEN NO CLASSES</p>	<p>2 OFFICES OPEN NO CLASSES NO SHOPPING</p>
<p>5</p>  <p>OFFICES CLOSED</p>	<p>6  7:45am EARLY BIRD STRENGTH TRAINING 9:00am Strength Training Adv Strength Training 10:11am Intermediate Cardio Adv Cardio <i>10:30am Senior Advisory Committee Meeting</i> 11:30am Gentle Fitness</p>	<p>7 9:00am Breakfast Club 9:30am Crochet Class 10:15am Serenity Tai Chi 11:30 am Zumba Gold 12:00pm Ping Pong/Pool 1:00pm Create Your Masterpiece 1:00pm Pickle Ball II</p>	<p>8 9:00am Strength Training Adv Strength Training 10:11am Intermediate Cardio Adv Cardio 11:30am Ballroom Dancing 12:00pm Dabbling in the Arts @ MSC 12:30pm Play Bridge 1:00pm Balance & Stretch Class</p>	<p>9 9:00am Pickle Ball III 10:00am Intermediate Canasta 11:00am Shopping @ Walmart/Sam's 11:30am Yoga II</p> 
<p>12 9:00am Yoga I 10:00am Beginner Canasta 10:15am Total Body Workout 11:00am Bocce Ball 11:30am Cardio Wellness 12:30pm Mahjong 1:00pm Knitting 1:00pm Pickle Ball I</p>	<p>13  7:45am EARLY BIRD STRENGTH TRAINING 9:00am Strength Training Adv Strength Training 10:11am Intermediate Cardio Adv Cardio 11:30am Gentle Fitness 1:00pm Alzheimer's Support Group 1:00pm BINGO</p>	<p>14 9:30am Crochet Class 10:15am Serenity Tai Chi 11:30 am Zumba Gold 12:00pm Ping Pong/Pool 1:00pm Create Your Masterpiece 1:00pm Pickle Ball II 1:00pm What Is Your Opinion? SAMSON TRIP CANCELLED</p>	<p>15 9:00am Strength Training Adv Strength Training 10:11am Intermediate Cardio Adv Cardio 11:30am Ballroom Dancing 12:00pm Dabbling in the Arts @ MSC 12:30pm Play Bridge 1:00pm Balance & Stretch Class</p>	<p>16 9:00am GLUCOSE SCREENING 9:00am Pickle Ball III 10:00am Intermediate Canasta 11:00am Shopping @ Wegman's/Target 11:30am Yoga II</p>
<p>19 9:00am Yoga I 10:00am Beginner Canasta NO TOTAL BODY WORKOUT 11:00am Bocce Ball 11:30am Cardio Wellness 12:30pm Mahjong 1:00pm Knitting 1:00pm Pickle Ball I</p>	<p>20 NO EARLY BIRD STRENGTH TRAINING 9:00am Strength Training Adv Strength Training 10:11am Intermediate Cardio Adv Cardio 11:30am Gentle Fitness 1:00pm LECTURE: Home Health Series</p>	<p>21 9:00am Breakfast Club 9:30am Crochet Class 10:15am Serenity Tai Chi 11:30 am Zumba Gold 12:00pm Ping Pong/Pool 1:00pm Create Your Masterpiece 1:00pm Pickle Ball II</p> <p><i>TRIP: Fiesta De San Gennaro</i>  <i>Doolan's Spring Lake, NJ, 10:30am-4:30pm</i></p>	<p>22 9:00am Strength Training Adv Strength Training 10:11am Intermediate Cardio Adv Cardio 11:30am Ballroom Dancing 12:00pm Dabbling in the Arts @ MSC 12:30pm Play Bridge 1:00pm Book Club Buzz 1:00pm Balance & Stretch Class</p> <p><i>First day of Fall</i> </p>	<p>23 9:00am Pickle Ball III 10:00am Intermediate Canasta 11:00am Shopping @ Shoprite 11:30am Yoga II</p> 
<p>26 9:00am Yoga I 10:00am Beginner Canasta 10:15am Total Body Workout 11:00am Bocce Ball 11:30am Cardio Wellness 12:30pm Mahjong 1:00pm Knitting 1:00pm Pickle Ball I</p> 	<p>27 SPECIAL ELECTION</p>  <p>1:00pm LECTURE: Home Health Series NO FITNESS CLASSES</p>	<p>28 9:30am Crochet Class 10:15am Serenity Tai Chi 11:30 am Zumba Gold 12:00pm Ping Pong/Pool 1:00pm Create Your Masterpiece 1:00pm Pickle Ball II 1:00pm What Is Your Opinion?</p>	<p>29 9:00am Strength Training Adv Strength Training 10:11am Intermediate Cardio Adv Cardio 11:30am Ballroom Dancing 12:00pm Dabbling in the Arts @ MSC 12:30pm Play Bridge 1:00pm Balance & Stretch Class</p>	<p>30 POT LUCK LUNCHEON CANCELLED</p>