

MARLBORO RECREATION IN CONJUNCTION WITH  
CENTERCOURT CLUB & SPORTS - MARLBORO  
PRESENTS

# YOUTH TENNIS CLINICS

2 available  
time slots

5 sessions, Sundays

For ages  
4-12

4/14, 4/21, 4/28,

5/5 & 5/12

3:30pm-5:00pm or 5pm-6:30pm

\$153 per player

Marlboro Swim Club Tennis Courts

Players will be broken into groups based on age and ability

**Red Ball: 4-6, and 6-8**

**Orange Ball: 8-10**

**Green Ball: 10-12**

Please refer to the following page for group description

TO REGISTER VISIT: [HTTPS://REGISTER.COMMUNITYPASS.NET/MARLBORO](https://register.communitypass.net/marlboro)

LISTED UNDER: SPRING 2024 YOUTH & ADULT PROGRAMS

Registration closes when program is full. Please bring own racquet.

Email: [Recreation@marlboro-nj.gov](mailto:Recreation@marlboro-nj.gov)

Phone: 732-617-0100

## Red Ball I

Ages:4 - 5 years old

Provides a relaxed environment where fundamental tennis skills are taught and a wide range of fun activities are offered that help develop the player agility, balance, movement, sending, receiving and gross motor skills. Players primarily use 17 or 19 inch racquets in this 1 hour training session.

## Red Ball II

Ages 6 - 8.5 years old

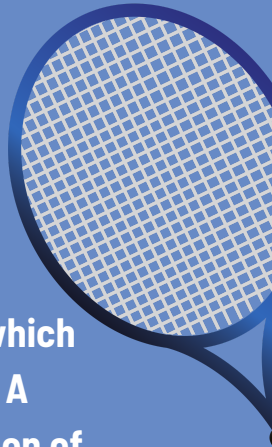
Players focus on improving their movement and rallying skills. We help each player to develop better tennis mechanics and more consistent shots. A variety of fun activities are used to improve player athleticism through agility, balance, coordination and movement development. Players primarily use 19, 21 or 23 inch racquets in this 1 hour training session.



## Orange Ball

Ages 8.5 - 10.5 years old

Players develop their tennis technique, athletic skills and court coverage which are critical for success in having consistent rallies as well as point play. A variety of fun and competitive games are used to develop a strong foundation of tennis fundamentals. Players use 21, 23 or 25 inch racquets in this 1 hour training session.



## Green Ball

Ages 10.5 - 12.5 years old

This training session emphasizes the fundamental techniques for a player first coming into the 78" green ball court. Focus is placed on proper technique and learning basic footwork patterns. Players are taught how to rally, score and differentiate tactics between singles and doubles. This 1.5 hour program is played with green dot balls on 78 foot court. Players in green ball are generally 10-12 years old. We begin to prepare players for competition and will encourage players to participate in box leagues and junior team tennis.

